



ADM SPECIALITY INGREDIENTS  
ARKADY  
100 PANIPLUS ROADWAY  
OLATHE, KS 66061  
913-782-8800

## Muffin

### Carrot Raisin Oatmeal

This flavorful formula is high in natural nutritional value. Carrot and raisin additions, along with Sweet'n'Neat® 2000 Dry Honey for that touch of honey taste, gives color, texture, flavor interest, and variety.

Ingredients	Grams	Percent
Flour (all purpose)	120.0	26.1
Oatmeal, quick cooking	92.0	20.0
Vegetable shortening	63.0	13.7
Brown sugar	48.0	10.4
<i>Sweet'n'Neat® 2000 Dry Honey</i>	46.5	10.1
Raisins	40.0	8.7
Buttermilk dry solids	32.0	7.0
Carrots, dehydrated, grated	9.0	1.9
<i>ADM Baking powder</i> (ADM Arkady)	3.5	0.8
Cinnamon	2.5	0.5
Baking soda	2.2	0.5
Salt	<u>1.6</u>	<u>0.3</u>
Total	460.3 grams	100.0%

Yield: 12 muffins

### PROCEDURE:

1. Dry mix and cut in shortening.
2. Beat two large whole eggs; add to 1-cup water (237g).
3. Add liquid to dry mix and blend until just moistened.
4. Fill greased muffin cups about 2/3 full (#20 scoop).
5. Bake at 400° F. for 18 - 20 minutes.
6. Allow cooling 10 minutes before removing from pan.